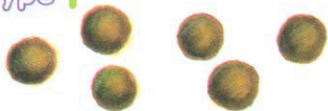


choose your **POO!**

THE BRISTOL STOOL FORM GUIDE (for children)

type **1**



looks like

rabbit droppings

Separate hard lumps,
like nuts (hard to pass)

type **2**



looks like

bunch of grapes

Sausage-shaped but lumpy

type **3**



looks like

corn on cob

Like a sausage but with
cracks on its surface

type **4**



looks like

sausage

Like a sausage or snake,
smooth & soft

type **5**

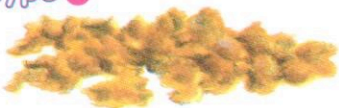


looks like

chicken nuggets

Soft blobs with clear-cut
edges (passed easily)

type **6**



looks like

porridge

Fluffy pieces with ragged
edges, a mushy stool

type **7**



looks like

gravy

Watery, no solid pieces
ENTIRELY LIQUID